

Center for Children and Families

Quarterly Stipend Newsletter

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Welcome Back Students!

Welcome back to school! We hope that you enjoyed the nice Christmas break and hope that your new semester is going well.

One important event that we want to invite you to is our **Open House**, which is on Monday, February 2nd from 4-6pm. Please join us at the Swinney House for this special occasion. We want everyone to take a tour of the house and join us for light refreshments.

Racial Harmony Day

Friday, January 23rd, was Racial Harmony Day at the UPAC center. The program was put together by the Diversity Committee, which includes Dr. Sally Hill-Jones, Angela Ausbrooks, and Dave Henton. The next diversity event is going to be aimed at social work students. We will be sure to let you know when that presentation will be.

National Children of Alcoholics (COA) Week February 8-14

An estimated one in four U.S. children is exposed to a family alcohol problem. These young people are at an increased risk of a range of problems including physical illness, emotional disturbances, behavior problems, lower educational performance, and susceptibility to alcoholism or other addiction later in life.

That is why the National Association for Children of Alcoholics (NACOA) and its affiliates promote Children of Alcoholics Week 2004 from Sunday, February 8 through Saturday, February 14. The theme of this public awareness campaign, "*A Celebration of Hope and Healing Across Generations*," proclaims the responsibility all share for the well-being of all children, but especially for those who struggle with alcohol or drug addiction in their families. NACOA envisions a society in which these vulnerable children have access to adults who can help them and are encouraged to seek help.

The Substance Abuse and Mental Health Services Administration (SAMHSA) and the Center for Substance Abuse Prevention (CSAP) has put together a **Children's Program Kit**, which gives treatment providers and others the benefits of years of research and hands-on experience by NACOA and others helping children of alcoholics and their families. It is aimed to help children make sense of what they've been experiencing, cope with the stresses of their families' problems, and strengthen their potential for resilience. Take advantage of this free resourceful kit, which includes:

- Multi-age curriculum of educational activities
- Research-based tools to reach out to COAs
- Dynamic videos to illustrate concepts
- Program manual including start-up instructions and resources

For more information visit  <http://ncadi.samhsa.gov/promos/coa/>.

Quotation

“ The ultimate measure of a man is not where he stands in moments of comfort, but where he stands at times of challenge and controversy. ”

- Martin Luther King, Jr.

Dates to Remember

January 19

MLK Day

January 20

School Starts

January 23

Racial Harmony Day at UPAC

February 2

Open House

March 14-21

Spring Break

Did you know?

As social workers one of the most compelling problems faced today is child abuse. Take a look at these statistics provided by [Prevent Child Abuse Texas](#):

- ❖ In 2001, about 3,844,000 children were reported as possible victims of child abuse and neglect in the United States. Of those cases confirmed, 54 percent were neglect, 19 percent were physical abuse, 10 percent were sexual abuse, 3 percent were emotional maltreatment, and 14 percent were due to other forms of maltreatment.
- ❖ In 2001, there were 131,147 investigations of child abuse and neglect by CPS in Texas and 47,531 were confirmed victims.



Job Tip of the Quarter

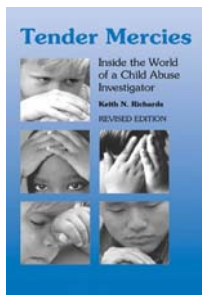
If you ever face a time of question or uncertainty in your duty as a social worker, take some time to read through NASW's "Code of Ethics". Something further you can do is to find a sentence, which may have a special meaning to you. Write or type this sentence out on an index card or small piece of paper and carry that around with you. There might be a moment when you ask yourself "What is my purpose?" or "Why did I decide to go into this line of work?" When you ask yourself a question like this, you can pull out your card and remind yourself of the meaningful sentence you chose. Here is an example from the Preamble:

"The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty."

**National Children of Alcoholics Week
February 8-14**

Resources

Angela Ausbrooks recommended the following books that you might enjoy reading:



A Child Called "It" by David Pelzer



Tender Mercies by Keith Richards



Amazing Grace by Jonathan Kozol



National Clearinghouse on Child Abuse and Neglect

<http://nccanch.acf.hhs.gov/index.cfm>

For more links visit our website at: www.health.txstate.edu/sowk/ccf/ccf_links.htm

If you have a link to a website that you would like to share with us. email Michele at mb19@txstate.edu.