

The Center for Children and Families

Quarterly Stipend Newsletter

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Welcome!

Congratulations!

At this year's Family Preservation Institute Conference in San Antonio, two of our own were honored.

Dr. Karen Brown was presented the Bill Underwood Award for her innovative and passionate work with children and families.

San Antonio CPS Family Group Decision Making was honored with the Kaleidoscope Award for an outstanding family program. **JoAnna Wold** accepted the award on behalf of the program.

We are very proud! You have represented Title IV-E and this university well.

Special Announcement

Given the success of the last IV-E social, plans are being made for another! The event will be Monday, November 13 from 5-6 PM in HPB room 230. There will opportunities to see some of your old classmates and professors and meet students interested in child welfare. There will also be food. Mark your calendars now!

National News

Child Welfare One Year After Katrina

As we observe the one year anniversary of the destruction of Hurricanes Katrina and Rita, several federal initiatives of interest have been developed. Follow the link for the full story.

http://cbexpress.acf.hhs.gov/articles.cfm?article_id=1196&ref=htmlEml

New AFCARS Report Shows Positive Trends

The latest data from the Children's Bureau shows a reduction in the number of children in foster care and an increase in number of children being adopted from foster care. Here's the whole story:

http://cbexpress.acf.hhs.gov/articles.cfm?article_id=1197&ref=htmlEml

Quotation

"The best way to find yourself is to lose yourself in the service of others."

-Mahatma Gandhi

Dates to Remember





NASW Texas	10/26-10/28
IV-E Social	11/13
Thanksgiving Break	11/22-11/26
Last class day	12/4
Final exams	12/5-12/12
Commencement	12/15-12/16
Christmas Break	12/18-1/15
New Year's Day	1/1
MLK Jr.'s Birthday	1/15
Classes start	1/16



Job Tips of the Quarter






It would seem that e-mail, voice mail, and cell phones would make our workdays easier, when in fact the opposite is true. Americans today work the equivalent of one full month more per year than they did just after WWII. Here are some tips for reducing stress at work.

-  Set daily goals.
-  Be gentle with yourself.
-  Don't let other people's problems become yours.
-  Speak up when you are feeling overwhelmed.

For more job-related advice, visit www.msn.careerbuilder.com

Interesting Facts

-  Social work has been named a "best career" by CareerJournal.com, affiliated with The Wall Street Journal.
-  Commonly cited qualities in the "best careers" were good intellectual stimulation, strong job security, high level of control and freedom in what to do, and extensive direct contact with customers/clients.
-  Other "best careers" were special education teachers, medical researchers, and physical therapists, among others.

Here is the full report:

<http://www.careerjournal.com/reports/bestcareers/20060711-intro.html>

Resources

A Guide to Working With African-American Families

The Minnesota Department of Human Services has published a guide addressing the overrepresentation of African-American families in the child welfare system. Here is the link:

<http://edocs.dhs.state.mn.us/lfserver/Legacy/DHS-4702-ENG>

Online Course for Kinship Caregivers

Foster Parent College is now offering an online course specifically for kinship caregivers. They are available as self-directed courses or scheduled instructor-led courses. Visit www.fosterparentcollege.com for more information.

Database of Evidence-Based Programs

The Evidence-Based Program Database is a collection of evidence-based programs that target positive youth development. This data base is searchable and is available here:

<http://alted-mh.org/ebp/index.htm>

For more links visit our website at: www.health.txstate.edu/ccf

If you have a link to a website that you would like to share with us, email Michele at mb19@txstate.edu.

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